



# ways to use sinchies pouches



## kids

baby foods  
baby formula portions  
breast milk  
custard  
fruit pureé  
instant pudding  
jelly  
milkshakes  
milo  
mousse  
party/lolly bags  
porridge  
rice pudding  
smoothies  
sorbets  
soups  
spaghetti  
vegetable pureé  
weetbix  
yoghurt  
yogo



## liquids

broth  
cocktails  
coconut cream  
dressings  
drinking yoghurt  
egg nog  
energy gels  
fruit crushers  
fruit juice  
hydration liquids  
marinades  
milk shakes  
mocktails  
protein shakes  
rice & almond milk  
slurpies  
smoothies  
stock  
soup  
water



## kitchen

aioli  
coulis  
dip  
gravy  
herb infused oils  
herbs & spices  
honey  
icing & ganache  
jams  
jus  
left over canned products  
mayonnaise  
pastes  
paté  
pesto  
salad dressing  
sauces  
tomato paste  
recipe in a bag



## travel & toiletries

body lotion  
body wash  
coconut oil  
detergent  
dettol  
fabric softener  
hand cream  
hand sanitizer  
insect repellent  
moisturizer  
recipe bags  
shampoo  
snack packs  
suncream  
toothpaste



## other uses

100's & 1000's  
alcohol  
breadcrumbs  
egg nets  
filling cannelloni's  
frozen treats  
glitter bags  
homemade glue  
homemade paint  
ice-brick  
icing cakes  
marinade bag  
pancake batter  
sensory bags  
snack pack  
storing seeds, spices  
& herbs

TAKE THEM CAMPING AND TRAVELLING! OUR 80ML SIZE IS PERFECT FOR THE INTERNATIONAL FLIGHT LIQUID RESTRICTION.

**fill 'em with anything you can think of!**